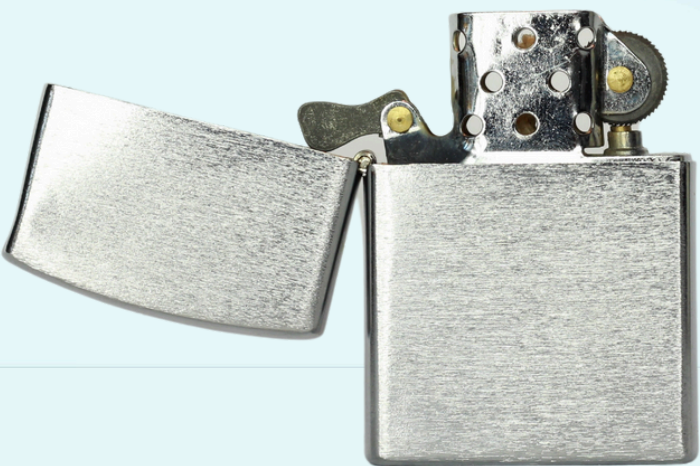


**Did you know that  
smoking  
can affect  
your medication?**



The CYP1A2 enzyme helps metabolize several medications, including some **antidepressants, antipsychotics, and heart medications.**

**Smoking increases the activity of this enzyme,** causing drugs to be broken down faster. **As a result, you may need a higher dose** of some medications to get the same effect.



For example, smoking can lower the levels of clozapine (an **antipsychotic**) and theophylline (used for **asthma**), making them less effective.

If you stop smoking or substitute nicotine, CYP1A2 activity decreases, which may raise drug levels and increase **the risk of side effects** if doses aren't adjusted.







## TIP

If you smoke and take medication, **inform your doctor or pharmacist.** They may need to adjust your dose based on your smoking habits.

Quitting smoking can greatly improve your medication's effectiveness and your overall health!



#SafePolyFacts

DID YOU  
FIND THIS  
**HELPFUL**?

Let us know in the **comments**!

